Historic, archived document

Do not assume content reflects current scientific knowledge, policies, or practices.

HOMEMAKERS' CHAT
FOR BROADCAST USE ONLY

U. S. DEPARTMENT OF AGRICULTURE
OFFICE OF INFORMATION

(Release on receipt)

SUBJECT: "Protein Prospects"...Information from officials of the Production and Marketing Administration, U. S. Department of Agriculture.

-oOo-

For many months, when meat was scarce, homemakers have been serving other protein foods. Now the prospects for more of all body-building protein foods are growing brighter.

Ordinarily at this time of year, grass fed cattle are sent from the ranges to market. And since military needs are less, you'll be seeing more of this beef at your butcher's. No doubt you recall that meat from grass fed cattle is not usually as fat as the meat from grain fed cattle. And consequently you'll want to keep that in mind when you cook it. Slow cooking and moist heat are recommended for the utility cuts.

And here's another piece of good protein news. Canned salmon will be back on the grocers' shelves again after a long period of war duty. Most of the salmon will be the pink variety which is excellent in combination with other foods. Salmon soup, baked salmon load, and salmon salad are three of the old favorites for combining salmon with milk, eggs, and vegetables.

We can't pass by poultry when we're talking about protein. Probably you've already celebrated peace with a fried chicken dinner. The War Food Orders on the sale of chickens to civilians were suspended soon after the war ended. Chicken was highly essential on the military marketing list. Now it's your turn to ask for the drumstick.

Eggs are still another important protein food and we can count on an adequate supply. Eggs have been pinch-hitting when you didn't have all the meat you wanted. And since you know the meaning of pinch-hitting you know that's a bouquet to the henneries.

9-11-45

###

LIBRARY
CURRENT SERIAL RECORD
☆ SEP 17 1945 ☆
U. S. DEPARTMENT OF AGRICULTURE